Component Description

The physical activity questionnaire (variable name prefix PAQ) is based on the Global Physical Activity Questionnaire (GPAQ) and includes questions related to daily activities, leisure time activities, and sedentary activities. Additional information about the GPAQ can be obtained at the World Health Organization website.

Eligible Sample

All survey participants aged 2 and over were eligible. Proxy respondents answered the questions for 2-11 year olds.

Interview Setting and Mode of Administration

For respondents aged 2 to 11 and 16 and over, the questions were asked before the physical examination, in the home, using the Computer-Assisted Personal Interview (CAPI) system.

For respondents aged 12 to 15, these questions were asked at the mobile examination center, by trained interviewers, using the Computer-Assisted Personal Interview (CAPI) system as part of the Mobile Examination Center (MEC) interview. The questions asked varied by age group. The target group in the codebook indicates which age groups were asked which questions.

Data Processing and Editing

Limited editing was done on the data. Respondents who reported an average of 24 hours or more per day of activity had their time variables (PAD615, PAD630, PAD645, PAD660, PAD675, PAD680) set to missing. Users should carefully inspect the data for other values they may consider too high.

Analytic Notes

Since the PAQ questions for respondents 2 to 11 and 16 and over were asked in the household interview, the interview sample weights should be used in their analysis. However, if the data is joined with data from the MEC, the MEC sample weights should be used. Analysis of the PAQ questions for 12 to 15 year olds should use the MEC sample weights as the questions were asked in the MEC.

Suggested metabolic equivalent (MET) scores for the activities listed in this file are included in Appendix 1.

Please refer to the [NHANES Analytic Guidelines](https://wwwn.cdc.gov/nchs/nhanes/analyticguidelines.aspx) and the on-line [NHANES Tutorial](https://www.cdc.gov/nchs/tutorials/) for further details on the use of sample weights and other analytic issues.

Codebook and Frequencies

SEQN - Respondent sequence number

**Variable Name:**

SEQN

**SAS Label:**

Respondent sequence number

**English Text:**

Respondent sequence number.

**Target:**

Both males and females 2 YEARS - 150 YEARS

PAQ605 - Vigorous work activity

**Variable Name:**

PAQ605

**SAS Label:**

Vigorous work activity

**English Text:**

Next I am going to ask you about the time {you spend/SP spends} doing different types of physical activity in a typical week. Think first about the time {you spend/he spends/she spends} doing work. Think of work as the things that {you have/he has/she has} to do such as paid or unpaid work, household chores, and yard work. Does {your/SP's} work involve vigorous-intensity activity that causes large increases in breathing or heart rate like carrying or lifting heavy loads, digging or construction work for at least 10 minutes continuously?

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 1172 | 1172 |  |
| 2 | No | 5975 | 7147 | PAQ620 |
| 7 | Refused | 1 | 7148 | PAQ620 |
| 9 | Don't know | 0 | 7148 | PAQ620 |
| . | Missing | 2336 | 9484 |  |

PAQ610 - Number of days vigorous work

**Variable Name:**

PAQ610

**SAS Label:**

Number of days vigorous work

**English Text:**

In a typical week, on how many days {do you/does SP} do vigorous-intensity activities as part of {your/his/her} work?

**English Instructions:**

PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES IN THIS QUESTION. (SP interview version) HARD EDIT: 1-7 (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 to 7 | Range of Values | 1171 | 1171 |  |
| 77 | Refused | 0 | 1171 | PAQ620 |
| 99 | Don't know | 1 | 1172 | PAQ620 |
| . | Missing | 8312 | 9484 |  |

PAD615 - Minutes vigorous-intensity work

**Variable Name:**

PAD615

**SAS Label:**

Minutes vigorous-intensity work

**English Text:**

How much time {do you/does SP} spend doing vigorous-intensity activities at work on a typical day?

**English Instructions:**

PROBE IF NEEDED: Think about a typical day when {you do/he does/she does} vigorous-intensity activities during {your/his/her} work. PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 to 1080 | Range of Values | 1166 | 1166 |  |
| 7777 | Refused | 0 | 1166 |  |
| 9999 | Don't know | 2 | 1168 |  |
| . | Missing | 8316 | 9484 |  |

PAQ620 - Moderate work activity

**Variable Name:**

PAQ620

**SAS Label:**

Moderate work activity

**English Text:**

Does {your/SP's} work involve moderate-intensity activity that causes small increases in breathing or heart rate such as brisk walking or carrying light loads for at least 10 minutes continuously?

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 2308 | 2308 |  |
| 2 | No | 4837 | 7145 | PAQ635 |
| 7 | Refused | 1 | 7146 | PAQ635 |
| 9 | Don't know | 2 | 7148 | PAQ635 |
| . | Missing | 2336 | 9484 |  |

PAQ625 - Number of days moderate work

**Variable Name:**

PAQ625

**SAS Label:**

Number of days moderate work

**English Text:**

In a typical week, on how many days {do you/does SP} do moderate-intensity activities as part of {your/his/her} work?

**English Instructions:**

PROBE IF NEEDED: Moderate-intensity activity causes small increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 to 7 | Range of Values | 2303 | 2303 |  |
| 77 | Refused | 1 | 2304 | PAQ635 |
| 99 | Don't know | 3 | 2307 | PAQ635 |
| . | Missing | 7177 | 9484 |  |

PAD630 - Minutes moderate-intensity work

**Variable Name:**

PAD630

**SAS Label:**

Minutes moderate-intensity work

**English Text:**

How much time {do you/does SP} spend doing moderate-intensity activities at work on a typical day?

**English Instructions:**

PROBE IF NEEDED: Think about a typical day when {you do/he does/she does} moderate-intensity activities during your work. PROBE IF NEEDED: Moderate-intensity activity causes small increases in breathing or heart rate and is done for at least 10 minutes continuously. INTERVIEWER: REMEMBER, WE ARE ONLY ASKING ABOUT WORK AND CHORES. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY ACTIVITIES AT WORK ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 to 900 | Range of Values | 2296 | 2296 |  |
| 7777 | Refused | 0 | 2296 |  |
| 9999 | Don't know | 3 | 2299 |  |
| . | Missing | 7185 | 9484 |  |

PAQ635 - Walk or bicycle

**Variable Name:**

PAQ635

**SAS Label:**

Walk or bicycle

**English Text:**

The next questions exclude the physical activity at work that you have already mentioned. Now I would like to ask you about the usual way {you travel/SP travels} to and from places. For example to school, for shopping, to work. In a typical week {do you/does SP} walk or use a bicycle for at least 10 minutes continuously to get to and from places?

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 2047 | 2047 |  |
| 2 | No | 5099 | 7146 | PAQ650 |
| 7 | Refused | 0 | 7146 | PAQ650 |
| 9 | Don't know | 1 | 7147 | PAQ650 |
| . | Missing | 2337 | 9484 |  |

PAQ640 - Number of days walk or bicycle

**Variable Name:**

PAQ640

**SAS Label:**

Number of days walk or bicycle

**English Text:**

In a typical week, on how many days {do you/does SP} walk or bicycle for at least 10 minutes continuously to get to and from places?

**English Instructions:**

(SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 to 7 | Range of Values | 2047 | 2047 |  |
| 77 | Refused | 0 | 2047 | PAQ650 |
| 99 | Don't know | 0 | 2047 | PAQ650 |
| . | Missing | 7437 | 9484 |  |

PAD645 - Minutes walk/bicycle for transportation

**Variable Name:**

PAD645

**SAS Label:**

Minutes walk/bicycle for transportation

**English Text:**

How much time {do you/does SP} spend walking or bicycling for travel on a typical day?

**English Instructions:**

PROBE IF NEEDED: Think about a typical day when {you walk or bicycle/SP walks or bicycles} walk or bicycle for travel. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS WALKING OR BICYCLING TO GET TO AND FROM PLACES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS WALKING OR BICYCLING TO GET TO AND FROM PLACES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 to 840 | Range of Values | 2040 | 2040 |  |
| 7777 | Refused | 0 | 2040 |  |
| 9999 | Don't know | 3 | 2043 |  |
| . | Missing | 7441 | 9484 |  |

PAQ650 - Vigorous recreational activities

**Variable Name:**

PAQ650

**SAS Label:**

Vigorous recreational activities

**English Text:**

The next questions exclude the work and transport activities that you have already mentioned. Now I would like to ask you about sports, fitness and recreational activities. In a typical week {do you/does SP} do any vigorous-intensity sports, fitness, or recreational activities that cause large increases in breathing or heart rate like running or basketball for at least 10 minutes continuously?

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 2059 | 2059 |  |
| 2 | No | 5087 | 7146 | PAQ665 |
| 7 | Refused | 0 | 7146 | PAQ665 |
| 9 | Don't know | 1 | 7147 | PAQ665 |
| . | Missing | 2337 | 9484 |  |

PAQ655 - Days vigorous recreational activities

**Variable Name:**

PAQ655

**SAS Label:**

Days vigorous recreational activities

**English Text:**

In a typical week, on how many days {do you/does SP} do vigorous-intensity sports, fitness or recreational activities?

**English Instructions:**

PROBE IF NEEDED: Vigorous-intensity activity causes large increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 to 7 | Range of Values | 2056 | 2056 |  |
| 77 | Refused | 0 | 2056 | PAQ665 |
| 99 | Don't know | 2 | 2058 | PAQ665 |
| . | Missing | 7426 | 9484 |  |

PAD660 - Minutes vigorous recreational activities

**Variable Name:**

PAD660

**SAS Label:**

Minutes vigorous recreational activities

**English Text:**

How much time {do you/does SP} spend doing vigorous-intensity sports, fitness or recreational activities on a typical day?

**English Instructions:**

PROBE IF NEEDED: Think about a typical day when {you do/SP does} vigorous-intensity sports, fitness or recreational activities. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING VIGOROUS-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 to 600 | Range of Values | 2052 | 2052 |  |
| 7777 | Refused | 0 | 2052 |  |
| 9999 | Don't know | 3 | 2055 |  |
| . | Missing | 7429 | 9484 |  |

PAQ665 - Moderate recreational activities

**Variable Name:**

PAQ665

**SAS Label:**

Moderate recreational activities

**English Text:**

In a typical week {do you/does SP} do any moderate-intensity sports, fitness, or recreational activities that cause a small increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball for at least 10 minutes continuously?

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 3059 | 3059 |  |
| 2 | No | 4084 | 7143 | PAD680 |
| 7 | Refused | 0 | 7143 | PAD680 |
| 9 | Don't know | 2 | 7145 | PAD680 |
| . | Missing | 2339 | 9484 |  |

PAQ670 - Days moderate recreational activities

**Variable Name:**

PAQ670

**SAS Label:**

Days moderate recreational activities

**English Text:**

In a typical week, on how many days {do you/does SP} do moderate-intensity sports, fitness or recreational activities?

**English Instructions:**

PROBE IF NEEDED: Moderate-intensity sports, fitness or recreational activities cause small increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version) HARD EDIT: 1-7. ENTER NUMBER OF DAYS (MEC interview version) HARD EDIT: LESS THAN 1 DAY OR MORE THAN 7 DAYS. ERROR MESSAGE: THE NUMBER OF DAYS SHOULD BE BETWEEN 1 AND 7. ENTER NUMBER OF DAYS

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 to 7 | Range of Values | 3056 | 3056 |  |
| 77 | Refused | 0 | 3056 |  |
| 99 | Don't know | 3 | 3059 |  |
| . | Missing | 6425 | 9484 |  |

PAD675 - Minutes moderate recreational activities

**Variable Name:**

PAD675

**SAS Label:**

Minutes moderate recreational activities

**English Text:**

How much time {do you/does SP} spend doing moderate-intensity sports, fitness or recreational activities on a typical day?

**English Instructions:**

PROBE IF NEEDED: Think about a typical day when {you do/SP does} moderate-intensity sports, fitness or recreational activities. PROBE IF NEEDED: Moderate-intensity sports, fitness or recreational activities cause small increases in breathing or heart rate and is done for at least 10 minutes continuously. (SP interview version) SOFT EDIT: >4 HOURS. SOFT EDIT WORDING: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: >24 HOURS. HARD EDIT: <10 MINUTES. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: >4 hours. ERROR MESSAGE: INTERVIEWER, YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT. HARD EDIT: LESS THAN 10 MINUTES OR 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 to 900 | Range of Values | 3056 | 3056 |  |
| 7777 | Refused | 0 | 3056 |  |
| 9999 | Don't know | 0 | 3056 |  |
| . | Missing | 6428 | 9484 |  |

PAD680 - Minutes sedentary activity

**Variable Name:**

PAD680

**SAS Label:**

Minutes sedentary activity

**English Text:**

The following question is about sitting at school, at home, getting to and from places, or with friends including time spent sitting at a desk, traveling in a car or bus, reading, playing cards, watching television, or using a computer. Do not include time spent sleeping. How much time {do you/does SP} usually spend sitting on a typical day?

**English Instructions:**

(SP interview version) SOFT EDIT: >17 HOURS. HARD EDIT: >24 HOURS. ENTER NUMBER OF MINUTES OR HOURS (MEC interview version) SOFT EDIT: 18 HOURS OR MORE AND LESS THAN 8 HOURS. ERROR MESSAGE: PLEASE VERIFY TIMES OF 18 HOURS OR MORE OR LESS THAN 8 HOURS. HARD EDIT: 24 HOURS OR MORE. ERROR MESSAGE: THE TIME SHOULD BE LESS THAN 24 HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 12 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 to 1200 | Range of Values | 7109 | 7109 |  |
| 7777 | Refused | 1 | 7110 |  |
| 9999 | Don't know | 29 | 7139 |  |
| . | Missing | 2345 | 9484 |  |

PAQ706 - Days physically active at least 60 min.

**Variable Name:**

PAQ706

**SAS Label:**

Days physically active at least 60 min.

**English Text:**

I'd like to ask you some questions about {your/SP's} activities. During the past 7 days, on how many days {were you/was SP} physically active for a total of at least 60 minutes per day? Add up all the time {you/he/she} spent in any kind of physical activity that increased {your/his/her} heart rate and made {you/him/her} breathe hard some of the time.

**Target:**

Both males and females 2 YEARS - 15 YEARS

**Hard Edits:**

to

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | 0 days | 131 | 131 |  |
| 1 | 1 day | 90 | 221 |  |
| 2 | 2 days | 159 | 380 |  |
| 3 | 3 days | 194 | 574 |  |
| 4 | 4 days | 183 | 757 |  |
| 5 | 5 days | 314 | 1071 |  |
| 6 | 6 days | 111 | 1182 |  |
| 7 | 7 days | 1799 | 2981 |  |
| 77 | Refused | 0 | 2981 |  |
| 99 | Don't know | 8 | 2989 |  |
| . | Missing | 6495 | 9484 |  |

PAQ710 - Hours watch TV or videos past 30 days

**Variable Name:**

PAQ710

**SAS Label:**

Hours watch TV or videos past 30 days

**English Text:**

Now I will ask you first about TV watching and then about computer use. Over the past 30 days, on average how many hours per day did {you/SP} sit and watch TV or videos? Would you say . . .

**Target:**

Both males and females 2 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | Less than 1 hour, | 1208 | 1208 |  |
| 1 | 1 hour, | 1776 | 2984 |  |
| 2 | 2 hours, | 2489 | 5473 |  |
| 3 | 3 hours, | 1473 | 6946 |  |
| 4 | 4 hours, or | 985 | 7931 |  |
| 5 | 5 hours or more, or | 1272 | 9203 |  |
| 8 | {You don't/SP does not} watch TV or videos | 241 | 9444 |  |
| 77 | Refused | 1 | 9445 |  |
| 99 | Don't know | 3 | 9448 |  |
| . | Missing | 36 | 9484 |  |

PAQ715 - Hours use computer past 30 days

**Variable Name:**

PAQ715

**SAS Label:**

Hours use computer past 30 days

**English Text:**

Over the past 30 days, on average how many hours per day did {you/SP} use a computer or play computer games outside of school? Include Playstation, Nintendo DS, or other portable video games Would you say . . .

**Target:**

Both males and females 2 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | Less than 1 hour, | 2491 | 2491 |  |
| 1 | 1 hour, | 1722 | 4213 |  |
| 2 | 2 hours, | 1298 | 5511 |  |
| 3 | 3 hours, | 595 | 6106 |  |
| 4 | 4 hours, or | 333 | 6439 |  |
| 5 | 5 hours or more, or | 549 | 6988 |  |
| 8 | {you do not/SP does not} use a computer outside of school | 2460 | 9448 |  |
| 77 | Refused | 0 | 9448 |  |
| 99 | Don't know | 0 | 9448 |  |
| . | Missing | 36 | 9484 |  |

PAQ722 - Any physical activities past 7 days

**Variable Name:**

PAQ722

**SAS Label:**

Any physical activities past 7 days

**English Text:**

For the next questions, think about the sports, lessons, or physical activities {you/SP} may have done during the past 7 days? Please do not include things {you/he/she} did during the school day like PE or gym class. Did {you/SP} do any physical activities during the past 7 days?

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 2186 | 2186 |  |
| 2 | No | 520 | 2706 | PAQ731 |
| 7 | Refused | 0 | 2706 | PAQ731 |
| 9 | Don't know | 1 | 2707 | PAQ731 |
| . | Missing | 6777 | 9484 |  |

PAQ724a - Physical activity aerobics

**Variable Name:**

PAQ724a

**SAS Label:**

Physical activity aerobics

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | AEROBICS/WEIGHT TRAINING/GYM/EXERCISE | 126 | 126 |  |
| 77 | Refused | 0 | 126 |  |
| 99 | Don't know | 0 | 126 |  |
| . | Missing | 9358 | 9484 |  |

PAQ724b - Physical activity baseball

**Variable Name:**

PAQ724b

**SAS Label:**

Physical activity baseball

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 2 | BASEBALL/SOFTBALL/CATCH/PITCHING | 220 | 220 |  |
| . | Missing | 9264 | 9484 |  |

PAQ724c - Physical activity basketball

**Variable Name:**

PAQ724c

**SAS Label:**

Physical activity basketball

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 3 | BASKETBALL | 443 | 443 |  |
| . | Missing | 9041 | 9484 |  |

PAQ724d - Physical activity bike riding

**Variable Name:**

PAQ724d

**SAS Label:**

Physical activity bike riding

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 4 | BIKE RIDING/DIRT BIKING/MOUNTAIN BIKING | 615 | 615 |  |
| . | Missing | 8869 | 9484 |  |

PAQ724e - Physical activity cheerleading

**Variable Name:**

PAQ724e

**SAS Label:**

Physical activity cheerleading

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 5 | CHEERLEADING | 42 | 42 |  |
| . | Missing | 9442 | 9484 |  |

PAQ724f - Physical activity dance

**Variable Name:**

PAQ724f

**SAS Label:**

Physical activity dance

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 6 | DANCE | 353 | 353 |  |
| . | Missing | 9131 | 9484 |  |

PAQ724g - Physical activity field hockey

**Variable Name:**

PAQ724g

**SAS Label:**

Physical activity field hockey

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 7 | FIELD HOCKEY/STREET HOCKEY/ROLLER HOCKEY | 10 | 10 |  |
| . | Missing | 9474 | 9484 |  |

PAQ724h - Physical activity football

**Variable Name:**

PAQ724h

**SAS Label:**

Physical activity football

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 8 | FOOTBALL | 252 | 252 |  |
| . | Missing | 9232 | 9484 |  |

PAQ724i - Physical activity golf

**Variable Name:**

PAQ724i

**SAS Label:**

Physical activity golf

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 9 | GOLF | 15 | 15 |  |
| . | Missing | 9469 | 9484 |  |

PAQ724j - Physical activity gymnastics

**Variable Name:**

PAQ724j

**SAS Label:**

Physical activity gymnastics

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 | GYMNASTICS/TUMBLING | 154 | 154 |  |
| . | Missing | 9330 | 9484 |  |

PAQ724k - Physical activity hiking

**Variable Name:**

PAQ724k

**SAS Label:**

Physical activity hiking

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 11 | HIKING | 49 | 49 |  |
| . | Missing | 9435 | 9484 |  |

PAQ724l - Physical activity ice hockey

**Variable Name:**

PAQ724l

**SAS Label:**

Physical activity ice hockey

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 12 | ICE HOCKEY | 3 | 3 |  |
| . | Missing | 9481 | 9484 |  |

PAQ724m - Physical activity ice skating

**Variable Name:**

PAQ724m

**SAS Label:**

Physical activity ice skating

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 13 | ICE SKATING | 11 | 11 |  |
| . | Missing | 9473 | 9484 |  |

PAQ724n - Physical activity jumping rope

**Variable Name:**

PAQ724n

**SAS Label:**

Physical activity jumping rope

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 14 | JUMPING ROPE | 141 | 141 |  |
| . | Missing | 9343 | 9484 |  |

PAQ724o - Physical activity lacrosse

**Variable Name:**

PAQ724o

**SAS Label:**

Physical activity lacrosse

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 15 | LACROSSE | 7 | 7 |  |
| . | Missing | 9477 | 9484 |  |

PAQ724p - Physical activity martial arts

**Variable Name:**

PAQ724p

**SAS Label:**

Physical activity martial arts

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 16 | MARTIAL ARTS (KARATE/TAE KWON DO/JUDO, ETC.) | 77 | 77 |  |
| . | Missing | 9407 | 9484 |  |

PAQ724q - Physical activity playing games

**Variable Name:**

PAQ724q

**SAS Label:**

Physical activity playing games

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 17 | PLAYING GAMES (PROBE: WERE YOU PHYSICALLY ACTIVE? IF NO, DON'T COUNT) | 391 | 391 |  |
| . | Missing | 9093 | 9484 |  |

PAQ724r - Physical activity roller blading

**Variable Name:**

PAQ724r

**SAS Label:**

Physical activity roller blading

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 18 | ROLLER BLADING/ROLLER SKATING | 55 | 55 |  |
| . | Missing | 9429 | 9484 |  |

PAQ724s - Physical activity running

**Variable Name:**

PAQ724s

**SAS Label:**

Physical activity running

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 19 | RUNNING/JOGGING | 926 | 926 |  |
| . | Missing | 8558 | 9484 |  |

PAQ724t - Physical activity scooter riding

**Variable Name:**

PAQ724t

**SAS Label:**

Physical activity scooter riding

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 20 | SCOOTER RIDING (PROBE: DOES IT HAVE A MOTOR? IF YES, DON'T COUNT) | 174 | 174 |  |
| . | Missing | 9310 | 9484 |  |

PAQ724u - Physical activity skateboarding

**Variable Name:**

PAQ724u

**SAS Label:**

Physical activity skateboarding

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 21 | SKATEBOARDING | 79 | 79 |  |
| . | Missing | 9405 | 9484 |  |

PAQ724v - Physical activity soccer

**Variable Name:**

PAQ724v

**SAS Label:**

Physical activity soccer

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 22 | SOCCER | 389 | 389 |  |
| . | Missing | 9095 | 9484 |  |

PAQ724w - Physical activity swimming

**Variable Name:**

PAQ724w

**SAS Label:**

Physical activity swimming

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 23 | SWIMMING | 272 | 272 |  |
| . | Missing | 9212 | 9484 |  |

PAQ724x - Physical activity tennis

**Variable Name:**

PAQ724x

**SAS Label:**

Physical activity tennis

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 24 | TENNIS | 36 | 36 |  |
| . | Missing | 9448 | 9484 |  |

PAQ724y - Physical activity track & field

**Variable Name:**

PAQ724y

**SAS Label:**

Physical activity track & field

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 25 | TRACK & FIELD | 25 | 25 |  |
| . | Missing | 9459 | 9484 |  |

PAQ724z - Physical activity volleyball

**Variable Name:**

PAQ724z

**SAS Label:**

Physical activity volleyball

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 26 | VOLLEYBALL | 46 | 46 |  |
| . | Missing | 9438 | 9484 |  |

PAQ724aa - Physical activity walking

**Variable Name:**

PAQ724aa

**SAS Label:**

Physical activity walking

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 27 | WALKING | 472 | 472 |  |
| . | Missing | 9012 | 9484 |  |

PAQ724ab - Physical activity wrestling

**Variable Name:**

PAQ724ab

**SAS Label:**

Physical activity wrestling

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 28 | WRESTLING | 107 | 107 |  |
| . | Missing | 9377 | 9484 |  |

PAQ724ac - Physical activity frisbee

**Variable Name:**

PAQ724ac

**SAS Label:**

Physical activity frisbee

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 29 | FRISBEE/ULTIMATE FRISBEE | 46 | 46 |  |
| . | Missing | 9438 | 9484 |  |

PAQ724ad - Physical activity backyard games

**Variable Name:**

PAQ724ad

**SAS Label:**

Physical activity backyard games

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 30 | BACKYARD/PLAYGROUND GAMES AND ACTIVITIES | 881 | 881 |  |
| . | Missing | 8603 | 9484 |  |

PAQ724ae - Physical activity trampoline

**Variable Name:**

PAQ724ae

**SAS Label:**

Physical activity trampoline

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 31 | TRAMPOLINE | 165 | 165 |  |
| . | Missing | 9319 | 9484 |  |

PAQ724af - Physical activity horseback riding

**Variable Name:**

PAQ724af

**SAS Label:**

Physical activity horseback riding

**English Text:**

Physical activity horseback riding

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 32 | HORSEBACK RIDING | 14 | 14 |  |
| . | Missing | 9470 | 9484 |  |

PAQ724cm - Physical activity other

**Variable Name:**

PAQ724cm

**SAS Label:**

Physical activity other

**English Text:**

What physical activities did {you/SP} do during the past 7 days? {PROBE: Did {you/he/she} do any other physical activities?}

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 3 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 91 | OTHER (SPECIFY) | 23 | 23 |  |
| . | Missing | 9461 | 9484 |  |

PAQ731 - Days played active video games

**Variable Name:**

PAQ731

**SAS Label:**

Days played active video games

**English Text:**

During the past 7 days, on how many days did {you/SP} play active video games such as Wii Sports, Wii Fit, Xbox 360, Xbox Kinect, Playstation 3, or Dance, Dance Revolution?

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | 0 days | 1456 | 1456 | PAQ677 |
| 1 | 1 day | 241 | 1697 |  |
| 2 | 2 days | 204 | 1901 |  |
| 3 | 3 days | 137 | 2038 |  |
| 4 | 4 days | 54 | 2092 |  |
| 5 | 5 days | 44 | 2136 |  |
| 6 | 6 days | 11 | 2147 |  |
| 7 | 7 days | 109 | 2256 |  |
| 77 | Refused | 0 | 2256 |  |
| 99 | Don't know | 1 | 2257 |  |
| . | Missing | 7227 | 9484 |  |

PAD733 - Minutes play active video games

**Variable Name:**

PAD733

**SAS Label:**

Minutes play active video games

**English Text:**

On average, for how long did {you/SP} play these active video games?

**English Instructions:**

SOFT EDIT: IF THE HOURS EXCEED 4 SAY UNUSUAL, SOFT EDIT: IF THE MINUTES ARE LESS THAN 10 CONFIRM THAT IT IS MINUTES NOT HOURS. ENTER NUMBER (OF MINUTES OR HOURS)

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 5 to 600 | Range of Values | 796 | 796 |  |
| 7777 | Refused | 0 | 796 |  |
| 9999 | Don't know | 2 | 798 |  |
| . | Missing | 8686 | 9484 |  |

PAQ677 - Past wk # days cardiovascular exercise

**Variable Name:**

PAQ677

**SAS Label:**

Past wk # days cardiovascular exercise

**English Text:**

In this question you can include activities done in school. On how many of the past 7 days did {you/SP} exercise or participate in physical activity for at least 20 minutes that made {you/him/her} sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar activities?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | 0 days | 111 | 111 |  |
| 1 | 1 day | 62 | 173 |  |
| 2 | 2 days | 81 | 254 |  |
| 3 | 3 days | 110 | 364 |  |
| 4 | 4 days | 65 | 429 |  |
| 5 | 5 days | 154 | 583 |  |
| 6 | 6 days | 43 | 626 |  |
| 7 | 7 days | 52 | 678 |  |
| 77 | Refused | 0 | 678 |  |
| 99 | Don't know | 1 | 679 |  |
| . | Missing | 8805 | 9484 |  |

PAQ678 - Past wk # days strengthened muscles

**Variable Name:**

PAQ678

**SAS Label:**

Past wk # days strengthened muscles

**English Text:**

On how many of the past 7 days did {you/SP} do exercises to strengthen or tone {your/his/her} muscles, such as push-ups, sit-ups, or weight lifting?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 0 | 0 days | 207 | 207 |  |
| 1 | 1 day | 96 | 303 |  |
| 2 | 2 days | 109 | 412 |  |
| 3 | 3 days | 106 | 518 |  |
| 4 | 4 days | 39 | 557 |  |
| 5 | 5 days | 77 | 634 |  |
| 6 | 6 days | 13 | 647 |  |
| 7 | 7 days | 32 | 679 |  |
| 77 | Refused | 0 | 679 |  |
| 99 | Don't know | 0 | 679 |  |
| . | Missing | 8805 | 9484 |  |

PAQ740 - Use school facilities at lunch

**Variable Name:**

PAQ740

**SAS Label:**

Use school facilities at lunch

**English Text:**

The next questions ask about activities during the school year. If {you are/SP is} not currently in school, think about {your/his/her} activities when {you were/he was/she was} last in school. Are students at {your/his/her} school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 320 | 320 |  |
| 2 | No | 353 | 673 | PAQ744 |
| 7 | Refused | 0 | 673 | PAQ744 |
| 9 | Don't know | 6 | 679 | PAQ744 |
| . | Missing | 8805 | 9484 |  |

PAQ742 - Use school facilities for physical activ

**Variable Name:**

PAQ742

**SAS Label:**

Use school facilities for physical activ

**English Text:**

{Do you/Does SP} use school facilities for physical activity during school time?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 203 | 203 |  |
| 2 | No | 117 | 320 |  |
| 7 | Refused | 0 | 320 |  |
| 9 | Don't know | 0 | 320 |  |
| . | Missing | 9164 | 9484 |  |

PAQ744 - Have PE during school days?

**Variable Name:**

PAQ744

**SAS Label:**

Have PE during school days?

**English Text:**

{Do you/does SP} have PE or gym during school days?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 556 | 556 |  |
| 2 | No | 123 | 679 | PAQ755 |
| 7 | Refused | 0 | 679 | PAQ755 |
| 9 | Don't know | 0 | 679 | PAQ755 |
| . | Missing | 8805 | 9484 |  |

PAQ746 - How often do you have PE or gym?

**Variable Name:**

PAQ746

**SAS Label:**

How often do you have PE or gym?

**English Text:**

How often {do you/does SP} have PE or gym?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | 1 day a week | 36 | 36 |  |
| 2 | 2 days a week | 65 | 101 |  |
| 3 | 3 days a week | 129 | 230 |  |
| 4 | 4 days a week, or | 24 | 254 |  |
| 5 | Every day | 302 | 556 |  |
| 7 | Refused | 0 | 556 |  |
| 9 | Don't know | 0 | 556 |  |
| . | Missing | 8928 | 9484 |  |

PAQ748 - How long is the PE or gym class?

**Variable Name:**

PAQ748

**SAS Label:**

How long is the PE or gym class?

**English Text:**

On average, how long is the PE or gym class?

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Less than 30 minutes | 14 | 14 |  |
| 2 | 30-45 minutes | 205 | 219 |  |
| 3 | More than 45 minutes | 334 | 553 |  |
| 7 | Refused | 0 | 553 |  |
| 9 | Don't know | 3 | 556 |  |
| . | Missing | 8928 | 9484 |  |

PAQ755 - Participate in school sports?

**Variable Name:**

PAQ755

**SAS Label:**

Participate in school sports?

**English Text:**

The following are activities that may be done before, during, or after school other than during PE or gym class. If {you are/SP is} not currently in school, think about {your/his/her} activities when {you were/he was/she was} last in school.} {Do you/Does SP} participate in school sports or physical activity clubs?

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 810 | 810 |  |
| 2 | No | 1447 | 2257 | PAQ762 |
| 7 | Refused | 0 | 2257 | PAQ762 |
| 9 | Don't know | 0 | 2257 | PAQ762 |
| . | Missing | 7227 | 9484 |  |

PAQ759a - Participate in baseball

**Variable Name:**

PAQ759a

**SAS Label:**

Participate in baseball

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | BASEBALL/SOFTBALL | 118 | 118 |  |
| 77 | Refused | 0 | 118 |  |
| 99 | Don't know | 2 | 120 |  |
| . | Missing | 9364 | 9484 |  |

PAQ759b - Participate in basketball

**Variable Name:**

PAQ759b

**SAS Label:**

Participate in basketball

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 2 | BASKETBALL | 253 | 253 |  |
| . | Missing | 9231 | 9484 |  |

PAQ759c - Participate in bocce ball

**Variable Name:**

PAQ759c

**SAS Label:**

Participate in bocce ball

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 3 | BOCCE BALL | 4 | 4 |  |
| . | Missing | 9480 | 9484 |  |

PAQ759d - Participate in cheerleading

**Variable Name:**

PAQ759d

**SAS Label:**

Participate in cheerleading

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 4 | CHEERLEADING | 52 | 52 |  |
| . | Missing | 9432 | 9484 |  |

PAQ759e - Participate in football

**Variable Name:**

PAQ759e

**SAS Label:**

Participate in football

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 5 | FOOTBALL | 134 | 134 |  |
| . | Missing | 9350 | 9484 |  |

PAQ759f - Participate in golf

**Variable Name:**

PAQ759f

**SAS Label:**

Participate in golf

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 6 | GOLF | 5 | 5 |  |
| . | Missing | 9479 | 9484 |  |

PAQ759g - Participate in gymnastics

**Variable Name:**

PAQ759g

**SAS Label:**

Participate in gymnastics

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 7 | GYMNASTICS | 40 | 40 |  |
| . | Missing | 9444 | 9484 |  |

PAQ759h - Participate in hockey

**Variable Name:**

PAQ759h

**SAS Label:**

Participate in hockey

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 8 | HOCKEY | 11 | 11 |  |
| . | Missing | 9473 | 9484 |  |

PAQ759i - Participate in lacrosse

**Variable Name:**

PAQ759i

**SAS Label:**

Participate in lacrosse

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 9 | LACROSSE | 9 | 9 |  |
| . | Missing | 9475 | 9484 |  |

PAQ759j - Participate in soccer

**Variable Name:**

PAQ759j

**SAS Label:**

Participate in soccer

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 10 | SOCCER | 219 | 219 |  |
| . | Missing | 9265 | 9484 |  |

PAQ759k - Participate in swimming/diving

**Variable Name:**

PAQ759k

**SAS Label:**

Participate in swimming/diving

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 11 | SWIMMING/DIVING | 42 | 42 |  |
| . | Missing | 9442 | 9484 |  |

PAQ759l - Participate in tennis

**Variable Name:**

PAQ759l

**SAS Label:**

Participate in tennis

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 12 | TENNIS | 25 | 25 |  |
| . | Missing | 9459 | 9484 |  |

PAQ759m - Participate in track and field

**Variable Name:**

PAQ759m

**SAS Label:**

Participate in track and field

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 13 | TRACK AND FIELD | 77 | 77 |  |
| . | Missing | 9407 | 9484 |  |

PAQ759n - Participate in volleyball

**Variable Name:**

PAQ759n

**SAS Label:**

Participate in volleyball

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 14 | VOLLEYBALL | 49 | 49 |  |
| . | Missing | 9435 | 9484 |  |

PAQ759o - Participate in wrestling

**Variable Name:**

PAQ759o

**SAS Label:**

Participate in wrestling

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 15 | WRESTLING | 28 | 28 |  |
| . | Missing | 9456 | 9484 |  |

PAQ759p - Participate in other specify

**Variable Name:**

PAQ759p

**SAS Label:**

Participate in other specify

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 16 | OTHER (SPECIFY) | 56 | 56 |  |
| . | Missing | 9428 | 9484 |  |

PAQ759q - Participate in dance

**Variable Name:**

PAQ759q

**SAS Label:**

Participate in dance

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 17 | DANCE | 87 | 87 |  |
| . | Missing | 9397 | 9484 |  |

PAQ759r - Participate in frisbee

**Variable Name:**

PAQ759r

**SAS Label:**

Participate in frisbee

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 18 | FRISBEE/ULTIMATE FRISBEE | 4 | 4 |  |
| . | Missing | 9480 | 9484 |  |

PAQ759s - Participate in running

**Variable Name:**

PAQ759s

**SAS Label:**

Participate in running

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 19 | RUNNING | 115 | 115 |  |
| . | Missing | 9369 | 9484 |  |

PAQ759t - Participate in trampoline

**Variable Name:**

PAQ759t

**SAS Label:**

Participate in trampoline

**English Text:**

In what school sports or physical activity clubs {do you/does SP} participate?

**English Instructions:**

CODE ALL THAT APPLY HAND CARD PAQ1

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 20 | TRAMPOLINE | 1 | 1 |  |
| . | Missing | 9483 | 9484 |  |

PAQ759u - Participate in martial arts

**Variable Name:**

PAQ759u

**SAS Label:**

Participate in martial arts

**English Text:**

Participate in martial arts

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 21 | MARTIAL ARTS | 15 | 15 |  |
| . | Missing | 9469 | 9484 |  |

PAQ759v - Participate in walking

**Variable Name:**

PAQ759v

**SAS Label:**

Participate in walking

**English Text:**

Participate in walking

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 22 | WALKING | 3 | 3 |  |
| . | Missing | 9481 | 9484 |  |

PAQ762 - Do you have recess during school?

**Variable Name:**

PAQ762

**SAS Label:**

Do you have recess during school?

**English Text:**

{Do you/Does SP} have recess during school days?

**Target:**

Both males and females 5 YEARS - 11 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 1467 | 1467 |  |
| 2 | No | 107 | 1574 | PAQ750 |
| 7 | Refused | 0 | 1574 | PAQ750 |
| 9 | Don't know | 4 | 1578 | PAQ750 |
| . | Missing | 7906 | 9484 |  |

PAQ764 - How often do you have recess?

**Variable Name:**

PAQ764

**SAS Label:**

How often do you have recess?

**English Text:**

How often {do you/does SP} have recess?

**Target:**

Both males and females 5 YEARS - 11 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | 1 day a week | 22 | 22 |  |
| 2 | 2 days a week | 32 | 54 |  |
| 3 | 3 days a week | 32 | 86 |  |
| 4 | 4 days a week, or | 28 | 114 |  |
| 5 | Every day | 1338 | 1452 |  |
| 7 | Refused | 0 | 1452 |  |
| 9 | Don't know | 15 | 1467 |  |
| . | Missing | 8017 | 9484 |  |

PAQ766 - How long is the recess period?

**Variable Name:**

PAQ766

**SAS Label:**

How long is the recess period?

**English Text:**

On average, how long is the recess period?

**Target:**

Both males and females 5 YEARS - 11 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Less than 10 minutes | 7 | 7 |  |
| 2 | 10-15 minutes | 302 | 309 |  |
| 3 | 16-30 minutes | 785 | 1094 |  |
| 4 | More than 30 minutes | 327 | 1421 |  |
| 7 | Refused | 0 | 1421 |  |
| 9 | Don't know | 31 | 1452 |  |
| . | Missing | 8032 | 9484 |  |

PAQ679 - How much exercise for good health

**Variable Name:**

PAQ679

**SAS Label:**

How much exercise for good health

**English Text:**

About how many minutes {do you/does SP} think you should exercise or be physically active each day for good health?

**English Instructions:**

INTERVIEWER: THIS INCLUDES ALL ACTIVITIES LIKE BICYCLING, DANCING, AND PLAYING BASKETBALL THAT {SP DOES} AT SCHOOL, AT HOME, AND ANYWHERE ELSE {SP GETS} EXERCISE.

**Target:**

Both males and females 12 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | less than 10 minutes, | 10 | 10 |  |
| 2 | 10-15 minutes, | 25 | 35 |  |
| 3 | 16-30 minutes, | 141 | 176 |  |
| 4 | 31-45 minutes, | 44 | 220 |  |
| 5 | 46-60 minutes, or | 313 | 533 |  |
| 6 | More than 60 minutes | 138 | 671 |  |
| 7 | Refused | 0 | 671 |  |
| 9 | Don't know | 1 | 672 |  |
| . | Missing | 8812 | 9484 |  |

PAQ750 - Enjoy participating in PE or recess

**Variable Name:**

PAQ750

**SAS Label:**

Enjoy participating in PE or recess

**English Text:**

I am going to read a statement and I want you to let me know if you strongly agree, agree, neither agree nor disagree, disagree or strongly disagree with the statement. {I enjoy participating in PE or gym class.}

**English Instructions:**

HAND CARD PAQ2

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Strongly agree | 1596 | 1596 |  |
| 2 | Agree | 490 | 2086 |  |
| 3 | Neither agree nor disagree | 81 | 2167 |  |
| 4 | Disagree | 54 | 2221 |  |
| 5 | Strongly disagree | 13 | 2234 |  |
| 7 | Refused | 2 | 2236 |  |
| 9 | Don't know | 14 | 2250 |  |
| . | Missing | 7234 | 9484 |  |

PAQ770 - Receive physical fitness award past yr

**Variable Name:**

PAQ770

**SAS Label:**

Receive physical fitness award past yr

**English Text:**

In the past year, did {you/SP} receive a Physical Fitness Test award, such as a President's Challenge or Fitnessgram award?

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Yes | 166 | 166 |  |
| 2 | No | 2084 | 2250 |  |
| 7 | Refused | 0 | 2250 |  |
| 9 | Don't know | 7 | 2257 |  |
| . | Missing | 7227 | 9484 |  |

PAQ772a - Fitness award Fitnessgram

**Variable Name:**

PAQ772a

**SAS Label:**

Fitness award Fitnessgram

**English Text:**

What Physical Fitness Test award did {you/SP} receive?

**English Instructions:**

PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Fitnessgram | 40 | 40 |  |
| 7 | Refused | 0 | 40 |  |
| 9 | Don't know | 9 | 49 |  |
| . | Missing | 9435 | 9484 |  |

PAQ772b - Fitness award President's Challenge

**Variable Name:**

PAQ772b

**SAS Label:**

Fitness award President's Challenge

**English Text:**

What Physical Fitness Test award did {you/SP} receive?

**English Instructions:**

PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 2 | President's Challenge | 45 | 45 |  |
| . | Missing | 9439 | 9484 |  |

PAQ772c - Fitness award other specify

**Variable Name:**

PAQ772c

**SAS Label:**

Fitness award other specify

**English Text:**

What Physical Fitness Test award did {you/SP} receive?

**English Instructions:**

PROBE IF NEEDED: Examples of physical fitness test awards are the FITNESSGRAM and the PRESIDENT'S CHALLENGE. CODE ALL THAT APPLY.

**Target:**

Both males and females 5 YEARS - 15 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 3 | Other (specify) | 75 | 75 |  |
| . | Missing | 9409 | 9484 |  |

PAAQUEX - Questionnaire source flag for weighting

**Variable Name:**

PAAQUEX

**SAS Label:**

Questionnaire source flag for weighting

**English Text:**

Questionnaire source flag for weighting

**Target:**

Both males and females 2 YEARS - 150 YEARS

| **Code or Value** | **Value Description** | **Count** | **Cumulative** | **Skip to Item** |
| --- | --- | --- | --- | --- |
| 1 | Sample Person Interview Questionnaire Targets (B(2-11) and B(16-150)) | 8771 | 8771 |  |
| 2 | MEC CAPI Questionnaire Targets (B(12-15)) | 713 | 9484 |  |
| . | Missing | 0 | 9484 |  |

Appendix 1. Suggested MET Scores

| **Variable** | **Label** | **Score** |
| --- | --- | --- |
| PAD605 | Vigorous work-related activity | 8.0 |
| PAD630 | Moderate work-related activity | 4.0 |
| PAD645 | Walking or bicycling for transportation | 4.0 |
| PAD660 | Vigorous leisure-time physical activity | 8.0 |
| PAD675 | Moderate leisure-time physical activity | 4.0 |